

Creativity



A Pinku and Dadaji
Series

Creativity leverages imagination

Pinku: Dadaji is creativity restricted to art forms only I mean drawing, painting, dance, drama etc...

Dadaji: No Pinku, you can be creative in any field like math, science, cuisine, teaching, engineering, sports etc.

Pinku: How can I enhance my creativity?

Dadaji: Well! Curiosity will lead you to creativity. I know few steps from experience which are as given below:

Initiate ideas and start working towards it to make them work believing that creative solutions do exist.

Have un-parallel thinking meaning do not follow any structure or pattern just go on experimenting through trial and error and you will get there where no one reached.

Just be playful do not take much pressure

Look at every situation, every challenge, and every opportunity from different angles. Each angle provides a different perspective on the situation and unleashes new insights.

Pinku: What is the role of imagination in being creative?

Creativity involves breaking established patterns

Dadaji: Well! Creativity relies on imagination. Imagination is the ability to form images, ideas, and sensations in the mind which influences everything we do, think about and create. It leads to elaborate theories, dreams and inventions from the academia to engineering, science, mathematics and the arts.

Pinku: Dadaji it is said that creative thinking eliminates frustration how far that is true Dadaji?

Dadaji: Pinku there is nothing quite as frustrating as being unable to solve a challenge isn't it? Now think that you are creative. You will try and find creative solutions for any challenges thus creativity is the motivation against frustration.

Pinku: Hmm... think creatively and stay away from frustration. Good to know that Dadaji my next question: What are the mental blocks for creativity Dadaji?



Creativity is contagious, pass it on

Dadaji: Well there can be several but the major mental block is called “I can never do it” syndrome. For example, do you know why a big elephant being held by only by a small rope tied to its leg, no chains, and no cages will still stay where it is and never try to escape? While you know that it was obvious that the elephant could, at any time, break away from this bond.

Pinku: Really not sure Dadaji...

Dadaji: I will explain; Elephants just stay there and make no attempt to get away as when they are very young and much smaller they have been tied the same size rope and at that age, it's enough to hold them. As they grow up, they are conditioned to believe they cannot break away. They believe the rope can still hold them, so they never try to break free. What do you understand Pinku?

Pinku: My Meaning If you think you can never do it, you can never and if you think you can, you really can.

Dadaji: Slightly, modified version for you. Creativity is un-limited and can be pursued at any point in life and in any given situation in life.

Pinku: I totally agree Dadaji creativity is

Creativity is not a competition, its an inspiration

un-limited does that mean taking risk is a part of creativity?

Dadaji: My gut feeling is that risk taking is a part and parcel of creativity. The biggest risk of being creative is that you will be judged, criticized, and analyzed by others. If you get discouraged or stop creating wonders, then you are lost. Also, there is quite a gap between our imagination and the execution of what we are trying to create. We rely on our imagination to envision what will be and generally the end product of our creative endeavor is almost always less than what we imagined. That's OK none in this world is perfect. If you are 80% nearer to what you have imagined, you are already a success.

Pinku: Very True! What is the contribution of self-confidence to a person's creativity?

Dadaji: If you gave place to self-doubt and questioned every decision of you make,



Creativity comes from being curious

your creativity is gone for a toss. Self-doubt is also a blocker of creativity. If you are not confident on creating what you imagined to create, you will not be able to do it.

Pinku: I understood Dadaji Self-confidence is the fuel for creativity. Another question for you: Does creativity lead to learning or learning lead to creativity?

Dadaji: Well! Learning and creativity go hand and hand one cannot survive in the absence of the other. Both the way it is possible see below”

Learning leads to creativity, creativity leads to knowledge and knowledge leads to wisdom

Creativity leads to Learning, learning leads to knowledge and knowledge leads to wisdom

Hope it makes sense to you Pinku.

Pinku: Yes Dadaji it does. What is the difference between being creative and being innovative?

Dadaji: While Creativity is related to 'imagination', but innovation is related to 'implementation'. The primary difference between creativity and innovation is that the former refers to conceive a fresh idea or plan, whereas the latter implies initiating

Creativity takes Courage

something new which is not known earlier.

Pinku: Fair answer. So, does that mean that creativity is required during innovation?

Dadaji: Yes of course! Without imagination you cannot even start innovating. You should at least have a vague idea of what you are trying to do correct? That idea source is creativity or creative thinking.

Pinku: Is there a difference between creativity and creative thinking?

Dadaji: I don't see any a major difference though there can be hair line difference that creativity is a broad term and involves something “new” every time and creative thinking is more of an implementable plan (with a difference).

Pinku: What are the top creative thinking skills?



Creativity is looking more deeper

Dadaji: The top creative thinking skills are as given below:

Analytical Skill: Analytical thinking is the visual thinking that gives one the ability to solve problems quickly and effectively. It involves a methodical step-by-step approach to thinking that allows you to break down complex problems into single and manageable components.

Prejudice Free Thinking Skill: Prejudice free thinking is a skill of a person who forms opinions on the basis of reason and is independent of person, authority or tradition.

Problem Solving Skill: The process of working through details of a problem to reach a solution through mathematical or systematic approach.

Organization Skill: Organization is a practice and an important part of creativity. While you may get a bit messy when trying out a new idea, you then need to organize your ideas so that other people will be able to understand and follow through with your vision.

Communication Skill: People will appreciate your creative idea if you can communicate it effectively.

Empathy Skill: You also need to be able to fully

Creativity is intelligence,
having fun

understand a situation before thinking creatively about it. Therefore, you also need to be a good listener. By asking the right questions and understanding the problem, you can come up with unique solutions.

Pinku: That was a good explanation Dadaji. My next question: What is creative writing and how do you develop that?

Dadaji: Creative writing comes in several forms like humor, story-telling, essays, blogs, songs writing, dialogues so on and so forth. The aim of creative writing is firstly to involve the audience and then impress the audience. You can develop creative writing by reading a lot, find inspiration in a topic and do sufficient research, write something daily, try to find meanings of idioms and hard words and their usage, Talk to others what you have read (and try to be flawless as much as possible), attach a concept to your thoughts, write good headings,



Creativity say's do not look back

try learning good quotes, bring in exciting stories in your writings. There are more but this much is sufficient for beginners.

Pinku: Hmm... let me try writing one at least an essay. Dadaji some say creativity is developed only when you are deeply hurt or you have been embarrassed time and again. How far is that true?

Dadaji: Everyone has a story and every story you hear from a successful person, you hear attached embarrassments and failures or someone bullying or hurting. That is quite common. That does not mean that all creative people in this world have to go through embarrassment or get hurt to be creative. Creativity is just a skill of thinking new every time or showcasing new every time that's all it is nothing to do with success or failure.

Pinku: I agree Dadaji. That triggers another question in my mind: "Are all genius creative".

Dadaji: I have no choice but to say 'yes' because, genius always try to do or find something new which no one in the world is aware of. Contradicting, you need not have to be genius to be creative. It is your passion to learn or do something new every time makes you creative too.

Rationale thoughts do not drive creativity

Pinku: Ah! I thought I need to become genius to be creative. Thank god you said the last statement Dadaji. Tell me does creativity requires some kind of alignment?

Dadaji: I would say all your energies and focus should be aligned in order to be creative. Also, an appetite for risk, a desire for knowledge, wanting to solve at any cost, excited with every small achievement when are aligned, creativity increases.

Pinku: OK got it Dadaji. Tell me what it means when someone tells you that "you are a creative soul".

Dadaji: It's just a jargon used by people who must have identified you to be creative. When conversant, people also use words such as 'artsy,' 'out-of-the-box,' or a 'deep-thinker.'

Pinku: Got it Dadaji. It is said that in order to be creative you should be both your biggest



Creativity continuous creation

supporter and worst critic. How far is that true.

Dadaji: Well! There are admirers and critics both in this world and both the type of people can be influencers to your thought. But, self-admiration and self-criticism comes with no risk and is the best as you are the best judge for your work. You cannot always admire your work or you cannot always criticize your work, what the phrase means is if your work delights you admire yourself and if you feel that your work requires repairs, you work towards it.

Pinku: Got it Dadaji. You explained it so well. My next question; what do you mean by having a creative edge?

Dadaji: The simple meaning of having creative edge is having the ability to create. It is more of a mindset with an attitude to upgrade skills, learn new and a willingness to play, explore and experiment. In fact schools should adapt creative edge in its culture. To a large extent this will help students to forget stress and fears.

Pinku: True Dadaji. Tell me what do you mean by creative impulse?

Dadaji: Everyone has a creative impulse which

Creativity is where you can do many mistakes without regret

hibernates throughout one's life until an idea or imagination wakes it up. In simple words, creative impulse is a drive born when a new idea or imagination strikes and gets multiplied by a strong desire to achieve it. But, if you do not give it a "go start" or break the journey it is of no use. However, those who have lived by the ignited creative impulse go long also, are very successful and some who went further on, became legends.

Pinku: Wow! I think that's very a good concept you taught me Dadaji. Dadaji tell me who are the most creative people in the world?

Dadaji: Well! A very simple answer is our own mother. Just imagine how creative they are. Every time, the only thing that haunts them is how to improve their home front for which they always think creatively. If you don't drink milk as it is, she prepares milk shake and makes you to drink, if you do not like bread,



Creativity is following your intuition

she bakes it and convert the same to crispy rusk. I am not sure whether you observed Pinku, she will not throw away anything whether it is a broken DVD or your shirt buttons or used straws or cool-drink cans etc. she uses them to create fancy and decorative items for home decoration.

Pinku: I know. And, so true Dadaji Mother is the most creative of all and I completely agree. My next question to you: Is it true that only intelligent can be creative and not all.

Dadaji: Well! I believe that creative people are intelligent no doubt about it as you need to think beyond boundaries, beyond your normal thinking to be creative. But, intelligent people are not always creative. Creativity is highest form of intelligence anybody can have.

Pinku: I agree. A little modified question are highly imaginative people are more creative?

Dadaji: No doubt about that Pinku, I can quote you the examples of Einstein, Leonardo da Vinci, and Beethoven who were not only highly imaginative but also very curious do create new things.

Pinku: Very True Dadaji. Not only they were creative at their best they did show that if you are

Creativity is Madness

curious to create new things, you can give a lot to this world. Dadaji what do you mean by creative awareness?

Dadaji: Creative awareness is you become aware "Yes, I am good at this" and "These are my weaknesses". Creative awareness gives you choices and provides a space for transformation to occur. Creative awareness is also very useful because it shows you how your mind influences your body and conversely the body influences the mind. Finally, you will not react according to misguided impulses and will be working, practicing, experimenting, enjoying your life seeing it more as a play and less as a burden. You become active and creatively engaged.

Pinku: Interesting Concept Dadaji but how do you develop creative awareness?

Dadaji: You can enhance creative awareness when you brush your imagination daily,



Creativity say 'No' to thousand things

take up challenges, keep yourself energized every time, start realizing that you are a reflection of yourself and not of someone else, develop experimental mindset and do not hesitate doing trial and error, treat yourself good and others too, spend some time with nature, go for walking or jogging, take fresh morning breath, if time permits meditate, either sleep early or at least try to sleep well, pursue your hobby on weekends, and read something daily at least newspaper I suggest.

Pinku: That was a very good suggestion Dadaji; I will try to fulfill at least 50% of what you said and achieve 100% sure one day.

Dadaji: Yes I agree Pinku, you cannot just change in a day, and you need to practice all that I said above.

Pinku: I heard reverse word “creativity sluggishness” and what is that Dadaji?

Dadaji: Hmm... creativity can sometime be sluggish as you may encounter continual failure, you could feel loss of energy, less self-motivated, you become myopic meaning shortsightedness (unable to see a bright future ahead), your own self build hues and cries. But, these are just feelings and you

If you think Creative
You become Creative

can easily get over them by overdoing or over communicating or over marketing or whatever the other better solutions you may know.

Pinku: Hmm... the only question that is coming in my mind is will creativity sluggishness result into creativity brake-down?

Dadaji: I cannot say “No” Pinku. That is quite possible but god has created us like a rubber ball the more force with which we come down, with double force, we bounce back. That’s all I can say.

Pinku: In fact well said Dadaji. Well! My next question when do you call something as a creativity breakthrough?

Dadaji: Any creativity is a breakthrough if and only if it is of immense help to human kind or is 'a vision of the future'.

Pinku: I differ here Dadaji then creativity in aesthetics can never become a creativity breakthrough. Isn't it?



Self-doubt is the enemy of creativity

Dadaji: Why not? Creative capacity is not possible without aesthetics. Creativity and aesthetics go hand in hand. Evaluation of creativity always requires a judgment of beauty. Remember Pinku, problem-solving is un-worthy when it is not beautiful. My definition of aesthetic breakthrough is anything that increases aesthetic values and there by becomes a vision of future.

Pinku: Great explanation Dadaji. Thank you for all the knowledge that you have given today. Well! See you in the evening after school. Bye for now Dadaji.

Dadaji: Hope you become creative master in future. All the best Pinku...

Pinku: Sure Dadaji I would become one definitely in future. Thank you Dadaji...

Creativity is
a mind, set free

You cannot use up
creativity

The more you use
The more creative

You become

Thank You

